

Best Practice (1)

❖ Title of the Practice :-

To create awareness about Covid 19 Pandemic among masses and help the needy during pandemic.

❖ Objectives of the practice (In 100 words):

National Service Scheme (NSS) and National Cadet Corps (NCC) units have been created to instill qualities of discipline and social service with the expectation that the students will be at the helm while serving society when calamities and disasters befall. Viewing its principles, much was expected from the college NCC and NSS units when Pandemic Covid 19 created havoc in the entire world including India. To console the scared people, help them maintaining discipline and follow norms laid down by the government, help people so that poor needy compatriots will make both ends meet were undertaken by these units.

❖ The Context (150 words):

As World Health Organization stated - Coronavirus disease (COVID-19) is an infectious disease caused by the SARS-CoV-2 virus. Anyone may get infected by the disease and become seriously ill or die at any age.

Preventing transmission and protecting oneself is the best way to remain safe. Protect yourself and others from infection by staying at least 1 metre apart from others, wearing a properly fitted mask, and washing your hands or using an alcohol-based rub frequently. Get vaccinated when it's your turn and follow local guidance.

It was imperative to follow guidelines suggested by WHO. It was necessary to create awareness among masses and help them in order to check its wide spread in society. The social organizations had to take onus on their shoulders and do well what is expected from them. NCC and NSS units have been set up keeping in mind this very motif.

❖ The Practice (400 words):

We are always at forefronts in providing services to society. The students feel that they owe everything to society and they have to give back everything to society to the utmost of their capacities. Students are nurtured thus, and they imbibe *sanskara* of social binding and social service. Programmes and camps are organized so that students learn qualities of leadership, develop intimacy among compatriots, and are filled with zeal and enthusiasm for social service. Our college NCC and NSS units are always at front for serving society whenever situations call for. They dive in social service work showing social binding whenever situation demands.

Covid 19 Pandemic infected majority of the world population. Means of International and local transports had to be banned. Total lockdown was to be imposed in many countries worldwide including India. People became jobless as industries and all works had to be locked. As means of transportation were not plying, people were unable to reach their native land which could be a haven for them. Poor people were facing problems of starvation. It was necessary to feed them and fill their stomachs somehow. The WHO

suggested guideline of maintaining 1 metre distance and wearing masks as a means of protection from the highly infectious pandemic. NGO and many social organizations had to come forward and pick their squirrels' share in the cause of serving and saving human race as it was a great blow on us all.

Our college NSS and NCC units came forward extending their helping hands and joined others in this ambience of despair. The NSS volunteers and NCC cadres fulfill their obligations to society by serving it. As a precautionary measure against Covid 19, wearing masks was mandatory. Availability of masks, and that too, to the poor population in the neighborhood was a major issue. Making public aware about Covid 19 pandemic, its onslaught and precautionary measures to be taken was a great task. NCC cadres and NSS volunteers made people aware of the calamity in the perilous situation. They spread awareness about the use of masks and helped maintaining 1 metre distance among people in queues. Not only that, these units put plans in action and prepared masks and distributed them among the needy rural population in the neighbourhood. Keeping in mind the need of the hour and importance of the activity for human health, the activity was implemented throughout the year.

❖ **Evidence of Success (in 200 words):**

The adjoining videos show success of this initiative. (We have to write here participants / beneficiary / villages - places / some dates and activities in 200 words)

The venture succeeded immensely and was also highly appreciated by one and all. Students felt satisfaction while poor brethren from society. Students learned that their upbringing is for the cause of society and needy compatriots. During this calamity it was a great practical lesson for them to work among human beings. Many adjoining villages and migrating people benefited from the work. Nearly 100 villagers benefited from the service. The detail report is on the college website. The link is -----
www.youtube.com/watch?v=rbbu6hHBixM

❖ **Problems encountered and resource acquired) -- in 150 words**

As the means of transport were not plying it was very difficult to reach people. Shops were closed hence it was difficult to have raw material. People were not allowed to mix with each other. The scenario was totally unforeseen for us all. Resources were arranged somehow, sometimes from own houses, sometimes from neighbours, sometimes from those who have. All were determined to serve society and work towards the cause. All this was to be done following norms laid down by the government and health department particularly. We are proud to say that we have conquered nearly all odds and accomplish the target.

Best Practice - 2

❖ Title of the Practice : –

Blood Donation

❖ Objective of the Practice

- To sensitize the need of donating blood to the needy in time
- To instill the feeling of helping others to breathe life with their precious donation
- To motivate all students to take a pledge to donate blood at least once in a year
- To impart to them the value of blood donation
- To make all aware of the scientific information about the blood group

❖ Context

In the blood bank, there should be enough amount of blood so that it can be provided to the needy patients as and when required in no time. Keeping this context in mind, the Institution has been organizing blood donation camps to promote the blood donation every year.

The primary importance of voluntary Blood Donation is the availability of the safe, stable and sufficient blood in the blood bank for the needy.

Moreover voluntary Blood Donation fosters love and unity in a nation. This is because donating one's precious blood is an act of love for mankind, a life-saving venture made by humanitarian individuals and it is worthy of emulation.

❖ The Practice

'Donate Blood, be a Hero' is the favorite slogan of the Institution to promote the practice of Blood Donation in the Institution in particular and in the society in general. On the occasion of the World Blood Donation Week the Institution organizes Blood Donation Camp every year.

On 22 December 2020 the Institution organized the Blood Donation Camp. The blood bank of District Government Hospital, Bhandara is invited to our college for collecting blood from the donors.

Many people including teachers, students, come forward to donate blood. The students of the Institution are made aware about the benefits of the blood donation, hence the boys and girls shows tremendous zeal and enthusiasm in blood donation. In all 32 students came forward to donate blood.

Along with blood donation, the practice of checking hemoglobin in the blood and counting weight is also exercised. This practice also encourages the students for donating blood. Automatically, the blood donor gets this medical facility free of cost.

All the blood donors are provided a Blood Donation Card, Certificate appreciating his/her noble job. The Institution has its 'Blood Directory' which keeps the records of the blood donors and their contact numbers, blood group, etc.

We witness some constraints in performing the activity of Blood Donation. As per the

directions of physicians, the weight of the blood donor should not be less than 48 kg. So the underweight persons, blood pressure patients, hemoglobin deficient cannot donate blood.

❖ **Evidence of Success**

This activity of Blood Donation is highly admired. The Institution has been exercising this practice for years now. Needy patients from the nearby places call the Institution for the requirement of blood and the concerning blood was provided to them when the Institution contact the blood bank immediately.

The Institution has proved to be a medium to spread the movement of Blood Donation in the vicinity of the Institution.

By this practice, in some extent, it has heightened the confidence of students, teaching and non-teaching staff and local persons to break the myths regarding blood donation. It has aroused interest among people for blood donation.

❖ **Problems Encountered and Resources Required**

There are prejudices about Blood Donation in the society. These prejudices may be removed to some extent through awareness about the Blood Donation. For this purpose, the volunteers promoting the importance of Blood Donation need to be formed by the Institution.

Even today, in the society, the people are not being prepared psychologically for Blood Donation on a large scale.