(ESTD. 1965)

Gondia Education Society's



SETH NARSINGDAS MOR COLLEGE OF ARTS & COMMERCE & SMT. G. D. SARAF SCIENCE COLLEGE

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HEALTH REVERSAL WORKSHOP - IQAC

Now a days, health has become an issue of paramount importance. We are dependent on medicines. Medical facilities have increased manifold, but healthy life poses a big question mark.

Guidance on health issues has become a need of the hour. Under New Education Policy 2020, IQAC in collaboration with the College Health Unit organized 'Health Reversal Workshop' on guidance on leading a healthy life on dated 03.10.2023.

Dr. Prashant Nakshine, retired medical officer, Chandrapur was the chief guest. He delivered lecture on the topic in demonstrative and interactive mode, and answered questions raised by the present participants. He advised making use of alkaline water; as acidic water we drink is the main culprit.

Principal Dr. C. B. Masram presided over the workshop. Dr. R. K. Dipte coordinator IQAC conducted the workshop, and Dr. B. D. Katekhaye, coordinator Health Club proposed the vote of thanks. Prof. A. B. Chavhan, NCC Officer, looked after arrangements and monitored the workshop.

All staff members, NCC cadets, NSS volunteers and many students were present in the workshop. In all altogether 200 participants benefited from the workshop.



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